

The Strength of Gentleness

Matthew 5:5

Feb 22, 2026

1. **The meaning of meekness**

- A person with meekness is able to balance their anger - it is strength under control
- The key to understanding meekness is found in a deep trust in the sovereign power of God

2. **The model of meekness**

- Though Jesus modeled perfection in his life, his words in this Beatitude are not demanding perfection

3. **The means to meekness**

- Only when we attach ourselves to Jesus can we learn and exemplify gentleness and humility

4. **The merit of meekness**

- The ultimate inheritance isn't a physical plot of earthly ground, but heaven itself

Jesus said, "Take my yoke upon you and learn from me, for I am gentle and humble of heart" (Matt.11:29)